

Caroline Haslett Primary School - PE

Topic: Gymnastics	Year 2	Gymnastics
Knowledge		Vocabulary
<ul style="list-style-type: none"> • Knows how to vary simple compositional ideas to create and perform a sequence • Understands what constitutes a clear beginning, middle and end • Knows how to adapt the sequence to include apparatus or a partner 		<p>Words and phrases to describe:</p> <ul style="list-style-type: none"> • Movements in a sequence <ul style="list-style-type: none"> ○ beginning, middle, end, hang, swing, upside-down, take off, smooth, quarter-turn, half-turn, hopscotch • Shape <ul style="list-style-type: none"> ○ twisted, curled, wide, narrow, angular, curved, straight • Direction <ul style="list-style-type: none"> ○ backwards, sideways • Body parts and surfaces <ul style="list-style-type: none"> ○ tiptoe, flat-footed, hips, thighs, ankles, shoulders • Balances <ul style="list-style-type: none"> ○ Standing balances ○ Kneeling balances ○ Large body part balances ○ Balances on apparatus ○ Balances with a partner
Activities		
<ul style="list-style-type: none"> • Perform short sequences in which there are clear beginnings, middles and ends • Copy, remember and repeat accurately sequences of gymnastic actions used in Y1 (rolling, jumping, balancing) • Use different combinations of floor, mats and apparatus 		
Skills		
<ul style="list-style-type: none"> • Perform a variety of actions with increasing control and co-ordination • Move smoothly from a position of stillness to a travelling movement • Move smoothly and in a controlled way from one position of stillness to another • Begin to show fluency in their movements <div data-bbox="619 1480 944 1910" style="text-align: center;"> </div>		