


Caroline Haslett Primary School – RE

Topic: Unit 6 - Judaism; Shabbat; Creation	Year 2	How should you spend the weekend?
<p>Knowledge</p> <p>The idea of a day of rest comes from the Bible story of the Creation: God rested from creating the universe on the seventh day of that first week, so Jews rest from work on the Sabbath.</p> <p>Sabbath candles are lit at sunset on a Friday. The woman of the house usually performs this ritual. The candles are placed in candlesticks.</p> <p>After the candles are lit, Jewish families will drink wine.</p> <p>It is traditional to eat challah.</p> <p>Blessings, prayers, songs and readings may also be used.</p> <p>Some of the family will have been to synagogue before the Sabbath meal, and it is likely that the whole family will go on Saturday.</p>		<p>Vocabulary</p> <ul style="list-style-type: none"> • Challah – soft rich eggy bread in the shape of a braid • Creation – the story of how God created the universe • Genesis – book of the Bible / Torah that tells the story of creation • Havdalah Candle – a special braided candle lit at the end of Shabbat • Judaism – religion based on belief in one God and on the laws contained in the Torah and Talmud • Kiddush Cup – the cup used in the blessing at the start of Shabbat • Sabbath – Jewish holy day • Shabbat – Hebrew word for rest
<p>Activities</p> <ul style="list-style-type: none"> • Find out about Jewish family Shabbat. • Explore the creation story and how it links to Jewish beliefs about Shabbat and time off. Focus on the kinds of activities that can and cannot be done. • Look carefully at the Friday night meal – explore the symbolism surrounding the meal. • Make the items for Shabbat – challah, Havdalah candle • Write instructions for the rules for Shabbat. 		
<p>Skills</p> <ul style="list-style-type: none"> • Retell the story of creation • Identify and suggest meanings for the Friday night rituals and artefacts • Recognise what makes Shabbat holy for Jews • Describe simply how Jewish people spend Shabbat • Talk about the importance of spending time together as a family 		