

Caroline Haslett Primary School - PE

Topic: Games

Year 5

Football

Knowledge

- Understand how to use space to avoid opponents
- Understand how varying speed and height can avoid opponents
- Understand strengths and weaknesses in others

Vocabulary

- **Strike** - an accurate, driven shot kicked using the laces of the boot.
- **Push Pass** - a pass made using the inside of the foot
- **Chip Pass** - a pass lofted into the air from a player to a teammate
- **Volley Pass** - a pass made before the ball touches the ground.

Activities

- Pass precisely to a partner whilst moving and through gates
- Create and play competitive games keeping to the agreed rules

Skills

- Travel with a ball showing changes in speed and direction
- Pass accurately using a range of techniques and appropriate strength
- Strike a ball at a known target with intent
- Use techniques for attacking and defending
- Use either foot

Defending techniques



Striking with intent

