

Caroline Haslett Primary School

PSHE	Year 6	Say No!
<p>Knowledge - what I already know</p> <ul style="list-style-type: none"> • I know the meaning of legal and illegal • I know that smoking is bad for you • I know some ways to keep safe 	<p>Vocabulary</p> <ul style="list-style-type: none"> • Risk - a situation involving exposure to danger • Pressure - the use of persuasion or intimidation to get someone to do something • Consequence - an action that follows a choice, normally a wrong choice • Resist - to prevent • Legal - not against the law • Illegal - against the law • Substance - an intoxicating chemical or drug • Medicine - a treatment to treat illness or disease • Solvents - a substance that causes intoxication by inhalation • Regulate - to control • Dependent - a need, must have something, feeling like one could die without it • Habit - an addictive practice • Pressure - persuasion or intimidation to get someone to do something • Influence - a capacity to have an effect on character, development to behaviour • Alcohol - a liquid produced from fermentation • Drunk - caused by alcohol, lose control of abilities and behaviour • Binge - a period of excess indulgence • Danger - an risk of harm or death • Gangs - an organised group of people normally involved in crime • Violence - to cause harm or damage to someone or something • Bullying - an act of unkindness on someone done more than once • Deliberate - to be done intentionally 	
<p>Knowledge - what I will know by the end of this unit</p> <ul style="list-style-type: none"> • To appreciate a range of risks and how to deal with pressure • To know the difference between legal and illegal drugs • To know why smoking is bad for your health • To explore different attitudes to alcohol • To know how to keep safe in my local area (knives) • To develop strategies to prevent bullying 		
<p>Activities</p> <ul style="list-style-type: none"> • Make a comic strip about time when they felt they were pressured into something they did not want to do • Discuss why there are laws made to restrict the use of drugs. Are legal drugs safe to ingest? • Write a letter to an agony aunt about being pressured into smoking • Discuss when we use knives? Explain the purpose of using a knife in the workplace. Why do people want to carry knives? What would you do if you knew your friend carried a knife? • Role play pressuring friends to drink. Discuss why people choose or don't choose to drink • Discuss what is bullying. Think of ways that the school can help prevent bullying 		

Skills

- Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues
- Identify and respect differences and similarities between people
- Recognise choices they can make and recognise the difference between right and wrong.
- Recognise the effect of their behaviour on other people, and cooperate with others
- Recognises risks and understands how to deal with pressure
- Understands the difference between legal and illegal drugs
- Can explain why smoking is bad for your health and its effects on the body
- Understands that there are different attitudes to drinking alcohol and can recognise how to be safe when drinking
- Can explain why people may carry knives and why it is wrong
- Can explain ways to stay safe in the local area
- Can develop strategies to prevent bullying
- Understand what bullying is and how to spot it on the playground